

How Healing Works references

Slide: Non Pharmacological approaches to pain

- [ACP Guidelines for Low Back Pain](#)- 2017
- [DoD/VA Guidelines](#)
- [Joint Commission's Pain Standards](#)

Slide: Challenges to our current health care system

- World Health Organization: [World Health Report 2000](#) – Health systems: Improving performance

Slide: NAM/IOM Shorter Lives, Poorer Health

- U.S. Health in International Perspective: Shorter Lives, Poorer Health (2013) [PDF Available](#)

Slide: Per Capita Health Expenditures & Life Expectancy

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Slide: Where Health Comes From

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Slide: Joe's HOPE Note

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Slide: Health and Wellbeing

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Slide: The Cost of Care

- Cohen SB. The concentration and persistence in the level of health expenditures over time: Estimates for the US Population, 2011-2012. Statistical Brief 449. Agency for Healthcare Research and Quality;2014.

What Providers Can Do

- Tuma RS. Simple Tool Shows Lasting Reduction in Burnout. Medscape; 2017.
<https://www.medscape.com/viewarticle/887432> based on presentation from American Conference on Physician Health, Oct. 13, 2017.

Additional resources:

- Book: [How Healing Works](#) by Dr. Wayne Jonas, published January 9, 2018
- [Developing an Integrative Health Model: Who, What and How](#)
- [The HOPE NOTE: Bringing an Integrative Approach to Primary Care](#)